

| Rank | Change | Podcast | Network | Sales representation | Monthly listeners | Monthly downloads | New episodes |
|------|--------|-----------------------------------|--------------------------|--------------------------|-------------------|-------------------|--------------|
| 1 | +1 | Casefile True Crime | Audioboom | NZME | 74,857 | 201,337 | 5 |
| 2 | +1 | The Mike Hosking Breakfast | NZME / iHeartRadio / ARN | NZME | 72,385 | 687,226 | 173 |
| 3 | +1 | Stuff You Should Know | NZME / iHeartRadio / ARN | NZME | 70,811 | 521,213 | 17 |
| 4 | -3 | Fletch, Vaughan & Hayley on ZM | NZME / iHeartRadio / ARN | NZME | 65,473 | 241,495 | 11 |
| 5 | - | The Leighton Smith Podcast | NZME / iHeartRadio / ARN | NZME | 51,979 | 132,157 | 4 |
| 6 | - | No Such Thing As A Fish | Audioboom | NZME | 50,365 | 165,335 | 5 |
| 7 | +1 | The Matt & Jerry Show | NZME / iHeartRadio / ARN | NZME | 42,691 | 225,678 | 33 |
| 8 | +1 | Hamish & Andy | LiSTNR (SCA) | LiSTNR (SCA) | 41,493 | 100,406 | 4 |
| 9 | -2 | Heather du Plessis-Allan Drive | NZME / iHeartRadio / ARN | NZME | 40,598 | 319,806 | 242 |
| 10 | +4 | Between Two Beers Podcast | NZME / iHeartRadio / ARN | NZME | 39,238 | 73,429 | 5 |
| 11 | -1 | Crime Junkie | audiochuck | SXM Media | 37,552 | 109,533 | 4 |
| 12 | - | The Hauraki Big Show | NZME / iHeartRadio / ARN | NZME | 33,598 | 136,569 | 41 |
| 13 | +2 | The Front Page | NZME / iHeartRadio / ARN | NZME | 31,419 | 61,840 | 30 |
| 14 | -3 | On Purpose with Jay Shetty | Stitcher Media | SXM Media | 28,260 | 86,321 | 9 |
| 15 | -2 | The Morning Rumble | MediaWorks Radio Limited | MediaWorks Radio Limited | 21,177 | 72,928 | 54 |
| 16 | +1 | Freakonomics Radio | Stitcher Media | SXM Media | 20,714 | 61,090 | 4 |
| 17 | -1 | IMPAULSIVE | Kast Media | Kast Media | 19,792 | 35,924 | 4 |
| 18 | +3 | The Country | NZME / iHeartRadio / ARN | NZME | 16,769 | 169,336 | 129 |
| 19 | -1 | 99% Invisible | Stitcher Media | SXM Media | 16,416 | 45,185 | 4 |
| 20 | - | The Rock Drive | MediaWorks Radio Limited | MediaWorks Radio Limited | 16,029 | 76,905 | 151 |
| 21 | -2 | Behind the Bastards | NZME / iHeartRadio / ARN | NZME | 15,692 | 50,911 | 9 |
| 22 | - | The Mindset Mentor | Kast Media | Kast Media | 15,250 | 63,706 | 18 |
| 23 | +1 | Cautionary Tales with Tim Harford | NZME / iHeartRadio / ARN | NZME | 14,878 | 32,823 | 4 |





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| 24 | -1 | Cooking the Books with Frances Cook | NZME / iHeartRadio / ARN | NZME | 14,567 | 37,408 | 5 |
| 25 | +29 | Revisionist History | NZME / iHeartRadio / ARN | NZME | 14,453 | 40,818 | 4 |
| 26 | -1 | Early Edition with Kate Hawkesby | NZME / iHeartRadio / ARN | NZME | 13,525 | 78,914 | 87 |
| 27 | +3 | 2 Bears, 1 Cave with Tom Segura & Bert Kreischer | Stitcher Media | SXM Media | 12,717 | 22,730 | 4 |
| 28 | +1 | Super Soul | Stitcher Media | SXM Media | 12,437 | 45,859 | 4 |
| 29 | -3 | Jase & Lauren | NZME / iHeartRadio / ARN | NZME | 12,241 | 154,766 | 72 |
| 30 | -2 | Conan O'Brien Needs A Friend | Stitcher Media | SXM Media | 12,215 | 34,336 | 8 |
| 31 | +1 | Hidden Brain | Stitcher Media | SXM Media | 12,143 | 38,147 | 4 |
| 32 | -5 | Last Podcast On The Left | Stitcher Media | SXM Media | 12,060 | 36,379 | 9 |
| 33 | +7 | Toni and Ryan | NZME / iHeartRadio / ARN | NZME | 11,536 | 39,309 | 20 |
| 34 | -3 | Mai Morning Crew | MediaWorks Radio Limited | MediaWorks Radio Limited | 11,367 | 39,352 | 72 |
| 35 | +4 | RedHanded | Audioboom | NZME | 10,954 | 32,462 | 8 |
| 36 | -1 | The Agenda | NZME / iHeartRadio / ARN | NZME | 10,842 | 27,659 | 6 |
| 37 | +35 | Kerre Woodham Mornings Podcast | NZME / iHeartRadio / ARN | NZME | 10,235 | 27,070 | 25 |
| 38 | +4 | She's On The Money | NZME / iHeartRadio / ARN | NZME | 10,009 | 46,892 | 16 |
| 39 | +2 | Ologies with Alie Ward | Stitcher Media | SXM Media | 9,525 | 24,881 | 5 |
| 40 | -6 | A Moment In Crime | NZME / iHeartRadio / ARN | NZME | 9,450 | 20,698 | 2 |
| 41 | +5 | Pod Save America | Stitcher Media | SXM Media | 8,315 | 27,549 | 8 |
| 42 | -6 | The Re-Wrap | NZME / iHeartRadio / ARN | NZME | 7,909 | 19,918 | 15 |
| 43 | +6 | The Edge Breakfast Catchup | MediaWorks Radio Limited | MediaWorks Radio Limited | 7,755 | 35,862 | 47 |
| 44 | -11 | The Kyle & Jackie O Show | NZME / iHeartRadio / ARN | NZME | 7,707 | 37,135 | 93 |
| 45 | -1 | F1: Beyond The Grid | Audioboom | NZME | 7,536 | 17,031 | 4 |
| 46 | -1 | Zane and Heath: Unfiltered | Audioboom | NZME | 7,410 | 17,725 | 4 |





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| 47 | +8 | ZM's Bree & Clint | NZME / iHeartRadio / ARN | NZME | 7,401 | 38,221 | 15 |
| 48 | +4 | It Could Happen Here | NZME / iHeartRadio / ARN | NZME | 7,286 | 29,152 | 25 |
| 49 | +2 | Your Mom's House with Christina P. and Tom Segura | Stitcher Media | SXM Media | 7,219 | 13,984 | 4 |
| 50 | -7 | The Tiny Meat Gang Podcast | Audioboom | NZME | 7,118 | 18,042 | 5 |
| 51 | -1 | Stuff They Don't Want You To Know | NZME / iHeartRadio / ARN | NZME | 7,058 | 50,664 | 23 |
| 52 | -4 | Office Ladies | Stitcher Media | SXM Media | 7,004 | 18,648 | 3 |
| 53 | +36 | The Happiness Lab with Dr. Laurie Santos | NZME / iHeartRadio / ARN | NZME | 6,998 | 20,078 | 7 |
| 54 | +6 | Tova | MediaWorks Radio Limited | MediaWorks Radio Limited | 6,770 | 22,291 | 276 |
| 55 | +8 | Murder, Mystery & Makeup | Audioboom | NZME | 6,739 | 18,299 | 4 |
| 56 | - | This Past Weekend | Kast Media | Kast Media | 6,463 | 11,959 | 3 |
| 57 | +24 | It's A Lot with Abbie Chatfield | LISTNR (SCA) | LiSTNR (SCA) | 6,006 | 16,375 | 8 |
| 58 | -20 | Life Uncut with Brittany Hockley and Laura Byrne | NZME / iHeartRadio / ARN | NZME | 5,785 | 18,915 | 2 |
| 59 | +5 | Mad Monday | NZME / iHeartRadio / ARN | NZME | 5,768 | 11,893 | 8 |
| 60 | +13 | True Crime with Kendall Rae | Audioboom | NZME | 5,723 | 14,809 | 8 |
| 61 | +1 | Stuff You Missed in History Class | NZME / iHeartRadio / ARN | NZME | 5,713 | 70,259 | 19 |
| 62 | +20 | Saving Grace | Audioboom | NZME | 5,507 | 9,182 | 4 |
| 63 | +8 | No Stupid Questions | Stitcher Media | SXM Media | 5,502 | 13,923 | 5 |
| 64 | +2 | Nothing much happens; bedtime stories to help you sleep | Stitcher Media | SXM Media | 5,432 | 24,372 | 4 |
| 65 | Return | The Cycling Podcast | Audioboom | NZME | 5,381 | 23,830 | 34 |
| 66 | +20 | The OneRoof Radio Show | NZME / iHeartRadio / ARN | NZME | 5,376 | 9,375 | 5 |
| 67 | -14 | We Need To Talk with Toni Street | NZME / iHeartRadio / ARN | NZME | 5,355 | 11,481 | 0 |
| 68 | -11 | Lore | NZME / iHeartRadio / ARN | NZME | 5,272 | 23,041 | 4 |
| 69 | -1 | StarTalk Radio | Stitcher Media | SXM Media | 5,213 | 15,409 | 6 |





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| 70 | -5 | The Daily Show With Trevor Noah: Ears Edition | NZME / iHeartRadio / ARN | NZME | 5,126 | 35,931 | 29 |
| 71 | +13 | WTF1 Podcast | Audioboom | NZME | 4,981 | 12,864 | 20 |
| 72 | -13 | Two Hot Takes | Audioboom | NZME | 4,925 | 10,429 | 5 |
| 73 | +14 | Saturday Morning with Jack Tame | NZME / iHeartRadio / ARN | NZME | 4,867 | 25,764 | 57 |
| 74 | +5 | Park Predators | audiochuck | SXM Media | 4,858 | 12,159 | 4 |
| 75 | -1 | The MeatEater Podcast | NZME / iHeartRadio / ARN | NZME | 4,787 | 11,971 | 8 |
| 76 | Return | Hamish & Andy's Remembering Project | LiSTNR (SCA) | LiSTNR (SCA) | 4,764 | 17,628 | 0 |
| 77 | -16 | Anatomy of Murder | audiochuck | SXM Media | 4,697 | 12,413 | 3 |
| 78 | -11 | The Fighter & The Kid | Kast Media | Kast Media | 4,630 | 10,571 | 8 |
| 79 | -32 | Triple M Rocks Footy NRL | LiSTNR (SCA) | LiSTNR (SCA) | 4,602 | 14,284 | 88 |
| 80 | -5 | The Imperfects | NZME / iHeartRadio / ARN | NZME | 4,336 | 8,852 | 5 |
| 81 | Debut | Therapy Gecko | Stitcher Media | SXM Media | 4,269 | 8,268 | 9 |
| 82 | -5 | F1 Nation | Audioboom | NZME | 4,201 | 6,969 | 4 |
| 83 | +9 | Joel Osteen Podcast | NZME / iHeartRadio / ARN | NZME | 4,075 | 42,310 | 28 |
| 84 | +1 | Eckhart Tolle: Essential Teachings | Stitcher Media | SXM Media | 4,040 | 11,864 | 4 |
| 85 | Return | Simon Barnett & James Daniels Afternoons | NZME / iHeartRadio / ARN | NZME | 4,003 | 9,150 | 16 |
| 86 | Debut | Pod Save the World | Stitcher Media | SXM Media | 3,975 | 9,553 | 5 |
| 87 | +10 | The Rise & Conquer Podcast with Georgie Stevenson | NZME / iHeartRadio / ARN | NZME | 3,954 | 12,519 | 8 |
| 88 | - | Fake Doctors, Real Friends with Zach and Donald | NZME / iHeartRadio / ARN | NZME | 3,896 | 9,088 | 4 |
| 89 | Return | Weekend Sport with Jason Pine | NZME / iHeartRadio / ARN | NZME | 3,847 | 21,269 | 31 |
| 90 | Return | I Weigh with Jameela Jamil | Stitcher Media | SXM Media | 3,830 | 8,864 | 5 |
| 91 | -33 | Betrayal | NZME / iHeartRadio / ARN | NZME | 3,804 | 8,725 | 3 |
| 92 | Debut | Hot Money: Who Rules Porn? | NZME / iHeartRadio / ARN | NZME | 3,784 | 7,971 | 3 |





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| 93 | Return | In the Loop | NZME / iHeartRadio / ARN | NZME | 3,780 | 5,463 | 5 |
| 94 | Debut | One Day You'll Thank Me | NZME / iHeartRadio / ARN | NZME | 3,774 | 4,585 | 4 |
| 95 | Return | Raising The Curve | MediaWorks Radio Limited | MediaWorks Radio Limited | 3,768 | 7,796 | 5 |
| 96 | -5 | How Did This Get Made? | Stitcher Media | SXM Media | 3,768 | 10,838 | 10 |
| 97 | -17 | True Crime Garage | Stitcher Media | SXM Media | 3,765 | 12,986 | 8 |
| 98 | -8 | The Deck | Stitcher Media | SXM Media | 3,744 | 8,025 | 4 |
| 99 | -4 | The Working Group | MediaWorks Radio Limited | MediaWorks Radio Limited | 3,710 | 6,019 | 5 |
| 100 | -2 | The Art of Manliness | Stitcher Media | SXM Media | 3,708 | 11,128 | 8 |



Top Podcasts | July 2022

POWERED BY TRITON DIGITAL'S PODCAST METRICS



Triton Digital's Podcast Metrics measurement service is certified by the IAB Tech Lab as complying with Version 2.1 of the IAB Podcast Measurement Technical Guidelines.

ABOUT THE NEW ZEALAND PODCAST RANKER

The New Zealand Podcast Ranker lists the Top 100 podcasts from participating networks that are consumed by listeners located in New Zealand.

The Top Network list ranks the top participating networks in New Zealand, consumed by listeners located in New Zealand. Additional networks will join in future releases.

The New Zealand Podcast Ranker is based on a calendar month reporting period. The entities listed are ranked by Monthly Listeners in accordance with the latest IAB Podcast Technical Measurement Guidelines. If you wish to sort by downloads, you can click on the "Downloads" column to re-sort amongst the existing data.

For podcasts with multiple categories in the RSS feed, we display and filter by only the first category.

The Ranker includes the participation of the following networks and sales representation: Audioboom, Brodie Kane Media, LiSTNR (SCA), NBCUniversal News Group, Nova Entertainment, NZME/iHeartRadio/ARN, rova (MediaWorks), SiriusXM Podcast Network.

METRIC DEFINITIONS

- * Listeners A 'listener' is a single user who downloads content for either immediate or delayed consumption. Listeners are identified by a combination of IP address and user agent in accordance with the IAB filtering rules described in the IAB Podcast Measurement Technical Guidelines v2.1.
- * Downloads A 'download' is a unique file request that was downloaded. Downloads include complete file downloads, progressive downloads, as well as partial downloads in accordance with the IAB Podcast Measurement Technical Guidelines v2.1 filtering rules (i.e. spiders and bots, data centers, one-minute of content minimum download, etc.). This process filters multiple requests from the same IP address, user agent, episode and date.
- * Network An entity that represents a group of podcasts that it either commissions, produces itself or acts as the primary representative for that content in New Zealand.
- * Rank
- * "Debut" indicates that the show is new to the ranker, making its debut for the first time in the last 13 months.
- * "Return" indicates that the show has returned to the Top 100 after having not appeared in the previous reporting period(s).

