

Rank	Change	Podcast	Network	Sales representation	Monthly listeners	Monthly downloads	New episodes
1	-	The Mike Hosking Breakfast	NZME / iHeartRadio / ARN	NZME	101,628	898,180	158
2	-	ZM's Fletch, Vaughan & Hayley	NZME / iHeartRadio / ARN	NZME	82,579	405,470	44
3	-	Casefile True Crime	Audioboom	NZME	79,989	215,699	5
4	+2	Between Two Beers Podcast	NZME / iHeartRadio / ARN	NZME	67,865	125,152	6
5	-	Stuff You Should Know	NZME / iHeartRadio / ARN	NZME	62,244	388,274	17
6	+1	Heather du Plessis-Allan Drive	NZME / iHeartRadio / ARN	NZME	52,114	479,035	263
7	+2	The Front Page	NZME / iHeartRadio / ARN	NZME	51,945	129,479	25
8	+3	No Such Thing As A Fish	Audioboom	NZME	48,016	145,730	5
9	+6	Crime Junkie	audiochuck	NZME	47,775	119,443	6
10	+6	On Purpose with Jay Shetty	NZME / iHeartRadio / ARN	NZME	45,089	145,637	9
11	-1	The Leighton Smith Podcast	NZME / iHeartRadio / ARN	NZME	44,331	102,140	5
12	+2	The Hauraki Big Show	NZME / iHeartRadio / ARN	NZME	44,304	168,640	60
13	-	Hamish & Andy	LISTNR (SCA)	LISTNR (SCA)	43,863	103,389	4
14	-6	The Matt & Jerry Show	NZME / iHeartRadio / ARN	NZME	41,656	179,932	29
15	-3	Cooking the Books with Frances Cook	NZME / iHeartRadio / ARN	NZME	32,389	89,108	10
16	+4	The Girls Uninterrupted	Brodie Kane Media	Brodie Kane Media	25,211	48,523	4
17	+1	The Rock Drive	rova (MediaWorks)	rova (MediaWorks)	24,776	72,575	25
18	+1	The Mel Robbins Podcast	SiriusXM Podcast Network	NZME	23,179	52,179	9
19	-15	Sex.Life	NZME / iHeartRadio / ARN	NZME	22,950	43,799	0
20	+1	The Country	NZME / iHeartRadio / ARN	NZME	21,935	150,238	115
21	+3	The Agenda	NZME / iHeartRadio / ARN	NZME	21,455	66,637	28
22	-5	The Morning Rumble	rova (MediaWorks)	rova (MediaWorks)	21,001	85,158	56
23	-1	Duncan Garner: Editor-in-Chief	rova (MediaWorks)	rova (MediaWorks)	19,891	45,965	21





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24	-1	Behind the Bastards	NZME / iHeartRadio / ARN	NZME	18,927	58,159	8
25	-	2 Bears, 1 Cave with Tom Segura & Bert Kreischer	SiriusXM Podcast Network	NZME	18,598	29,576	5
26	+1	Freakonomics Radio	SiriusXM Podcast Network	NZME	16,161	43,272	4
27	+1	Early Edition with Kate Hawkesby	NZME / iHeartRadio / ARN	NZME	16,072	93,967	92
28	+34	We Need To Talk with Toni Street	NZME / iHeartRadio / ARN	NZME	15,213	31,248	6
29	+14	A Moment In Crime	NZME / iHeartRadio / ARN	NZME	15,133	30,479	1
30	+5	Cautionary Tales with Tim Harford	NZME / iHeartRadio / ARN	NZME	14,654	31,310	4
31	+9	The Imperfects	NZME / iHeartRadio / ARN	NZME	14,471	29,677	5
32	-3	Raising The Curve	rova (MediaWorks)	rova (MediaWorks)	14,231	29,814	9
33	-3	99% Invisible	SiriusXM Podcast Network	NZME	14,215	40,429	4
34	-	Conan O'Brien Needs A Friend	SiriusXM Podcast Network	NZME	13,955	36,903	10
35	-9	The Edge Breakfast	rova (MediaWorks)	rova (MediaWorks)	13,330	76,085	44
36	-3	True Crime with Kendall Rae	Audioboom	NZME	13,207	31,592	8
37	+1	Hidden Brain	SiriusXM Podcast Network	NZME	12,967	34,375	5
38	-1	Kiwi Yarns	Brodie Kane Media	Brodie Kane Media	12,951	28,084	6
39	-8	Grey Areas with Petra Bagust	rova (MediaWorks)	rova (MediaWorks)	12,938	24,378	2
40	-4	Last Podcast On The Left	SiriusXM Podcast Network	NZME	12,804	34,027	8
41	+5	The Kyle & Jackie O Show	NZME / iHeartRadio / ARN	NZME	12,384	61,504	142
42	+9	Ask Me Anything with Paula Bennett	NZME / iHeartRadio / ARN	NZME	12,304	19,784	4
43	-4	Darling, Shine!	LISTNR (SCA)	LISTNR (SCA)	11,678	19,426	4
44	+42	Shared Lunch	NZME / iHeartRadio / ARN	NZME	10,552	25,937	12
45	+10	Kerre Woodham Mornings Podcast	NZME / iHeartRadio / ARN	NZME	10,458	39,021	32
46	+11	Levels Podcast	DM Podcasts	LISTNR (SCA)	10,243	14,021	9





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47	+1	KICPOD	LISTNR (SCA)	LISTNR (SCA)	10,160	24,103	9
48	-7	Ologies with Alie Ward	SiriusXM Podcast Network	NZME	10,115	25,957	5
49	-17	Betrayal	NZME / iHeartRadio / ARN	NZME	9,921	22,718	4
50	+15	Mad Monday	NZME / iHeartRadio / ARN	NZME	9,915	16,948	10
51	-6	Pod Save America	SiriusXM Podcast Network	NZME	9,690	29,097	8
52	+46	Weekend Sport with Jason Pine	NZME / iHeartRadio / ARN	NZME	9,623	38,699	77
53	+37	No Such Thing as Normal	NZME / iHeartRadio / ARN	NZME	9,530	17,346	4
54	-4	Murder, Mystery & Makeup	Audioboom	NZME	9,485	29,358	2
55	-1	Your Mom's House with Christina P. and Tom Segura	SiriusXM Podcast Network	NZME	9,446	15,452	4
56	-3	Jase & Lauren	NZME / iHeartRadio / ARN	NZME	9,420	100,228	71
57	-5	Two Hot Takes	Audioboom	NZME	9,080	22,324	4
58	-11	Life Uncut	NZME / iHeartRadio / ARN	NZME	9,065	33,303	12
59	-10	Revisionist History	NZME / iHeartRadio / ARN	NZME	9,017	23,273	2
60	+7	ZM's Bree & Clint	NZME / iHeartRadio / ARN	NZME	8,730	46,536	41
61	+22	Saving Grace	Audioboom	NZME	8,694	14,816	4
62	-18	She's On The Money	NZME / iHeartRadio / ARN	NZME	8,320	69,113	13
63	-7	Talking League - NRL Fantasy Podcast	DM Podcasts	LISTNR (SCA)	8,216	15,116	21
64	+4	TRIGGERnometry	Audioboom	NZME	7,916	18,406	9
65	-1	The Parenting Hangover	NZME / iHeartRadio / ARN	NZME	7,899	13,713	4
66	+3	The Psychology of your 20s	NZME / iHeartRadio / ARN	NZME	7,894	14,412	9
67	Debut	The Girlfriends	NZME / iHeartRadio / ARN	NZME	7,602	15,995	7
68	-5	The School of Greatness	SiriusXM Podcast Network	NZME	7,546	35,001	17
69	+1	Nothing much happens: bedtime stories to help you sleep	NZME / iHeartRadio / ARN	NZME	7,526	30,996	5





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70	+1	Stuff They Don't Want You To Know	NZME / iHeartRadio / ARN	NZME	7,410	38,805	22
71	-29	Simon Barnett & James Daniels Afternoons	NZME / iHeartRadio / ARN	NZME	7,384	17,177	18
72	+21	It Could Happen Here	NZME / iHeartRadio / ARN	NZME	7,144	23,472	25
73	+5	F1: Beyond The Grid	Audioboom	NZME	7,083	16,657	4
74	+25	Saturday Morning with Jack Tame	NZME / iHeartRadio / ARN	NZME	7,050	33,862	57
75	+6	The Deck	audiochuck	NZME	6,994	14,741	4
76	-10	The Tim Dillon Show	Audioboom	NZME	6,902	10,287	3
77	-2	One Day You'll Thank Me	NZME / iHeartRadio / ARN	NZME	6,809	10,156	4
78	+11	Triple M Rocks Footy NRL	LISTNR (SCA)	LISTNR (SCA)	6,530	13,052	60
79	+1	Office Ladies	SiriusXM Podcast Network	NZME	6,424	16,537	4
80	-8	Tic-Heads with Uncle Tics	rova (MediaWorks)	rova (MediaWorks)	6,421	11,017	1
81	-20	Marcus Lush Nights	NZME / iHeartRadio / ARN	NZME	6,355	23,300	15
82	-22	The Tiny Meat Gang Podcast	Audioboom	NZME	6,278	13,825	5
83	Debut	Critical Role	SiriusXM Podcast Network	NZME	6,153	13,904	4
84	-	StarTalk Radio	SiriusXM Podcast Network	NZME	6,134	17,726	6
85	-8	Untidy	rova (MediaWorks)	rova (MediaWorks)	5,965	10,229	4
86	-10	Sit With Us	DM Podcasts	LISTNR (SCA)	5,819	11,338	7
87	-8	The Sporting Rumble	rova (MediaWorks)	rova (MediaWorks)	5,799	9,709	5
88	Return	The BYC Podcast	NZME / iHeartRadio / ARN	NZME	5,641	9,463	4
89	+2	The Minds of Madness - True Crime Stories	Audioboom	NZME	5,550	14,114	5
90	+6	News Fix	NZME / iHeartRadio / ARN	NZME	5,548	38,541	94
91	-17	On the Tiles	NZME / iHeartRadio / ARN	NZME	5,488	8,634	3
92	Return	Not Another D&D Podcast	Headgum	Gumball	5,442	13,361	4





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93	-5	Park Predators	audiochuck	NZME	5,280	11,319	4
94	Return	It's A Lot with Abbie Chatfield	LISTNR (SCA)	LISTNR (SCA)	5,198	11,625	9
95	-1	Aunty Donna Podcast	LISTNR (SCA)	LISTNR (SCA)	5,197	13,562	4
96	Return	Sportstalk with D'Arcy Waldegrave	NZME / iHeartRadio / ARN	NZME	5,185	26,672	51
97	-5	Zane and Heath: Unfiltered	Audioboom	NZME	5,167	10,118	5
98	Debut	Lost Hills: The Dark Prince	NZME / iHeartRadio / ARN	NZME	5,159	14,855	8
99	-12	Eckhart Tolle: Essential Teachings	SiriusXM Podcast Network	NZME	5,089	14,379	4
100	Return	The Cycling Podcast	Audioboom	NZME	5,039	21,020	32



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POWERED BY TRITON DIGITAL'S PODCAST METRICS

Triton Digital's Podcast Metrics measurement service is certified by the IAB Tech Lab as complying with Version 2.2 of the IAB Podcast Measurement Technical Guidelines.

ABOUT THE NEW ZEALAND PODCAST RANKER

The New Zealand Podcast Ranker lists the Top 100 podcasts from participating networks that are consumed by listeners located in New Zealand.

The Top Network list ranks the top participating networks in New Zealand, consumed by listeners located in New Zealand. Additional networks will join in future releases.

The New Zealand Podcast Ranker is based on a calendar month reporting period. The entities listed are ranked by Monthly Listeners in accordance with the latest IAB Podcast Technical Measurement Guidelines. If you wish to sort by downloads, you can click on the "Downloads" column to re-sort amongst the existing data.

For podcasts with multiple categories in the RSS feed, we display and filter by only the first category.

The Ranker includes the participation of the following networks and sales representation: Audioboom, Brodie Kane Media, LiSTNR (SCA), NBCUniversal News Group, Nova Entertainment, NZME/iHeartRadio/ARN, rova (MediaWorks), SiriusXM Podcast Network.

METRIC DEFINITIONS

* Listeners - A 'listener' is a single user who downloads content for either immediate or delayed consumption. Listeners are identified by a combination of IP address and user agent in accordance with the IAB filtering rules described in the IAB Podcast Measurement Technical Guidelines v2.2.

* Downloads - A 'download' is a unique file request that was downloaded. Downloads include complete file downloads, progressive downloads, as well as partial downloads in accordance with the IAB Podcast Measurement Technical Guidelines v2.2 filtering rules (i.e. spiders and bots, data centers, one-minute of content minimum download, etc.). This process filters multiple requests from the same IP address, user agent, episode and date.

* Network - An entity that represents a group of podcasts that it either commissions, produces itself or acts as the primary representative for that content in New Zealand.

* Rank

* "Debut" indicates that the show is new to the ranker, making its debut for the first time in the last 13 months.

* "Return" indicates that the show has returned to the Top 100 after having not appeared in the previous reporting period(s).

