

# US Podcast Ranker

Top Podcasts By Weekly Average Downloads | July 2024



Rank	Change	Podcast	Sales network	Sales representation	New episodes
1	-	NPR News Now	NPR	National Public Media	672
2	-	Up First	NPR	National Public Media	28
3	-	Dateline NBC	NBCUniversal News Group	SiriusXM Media	13
4	-	Crime Junkie	audiochuck	SiriusXM Media	7
5	+1	The Dan Bongino Show	Cumulus Podcast Network	Cumulus Podcast Network / Westwood One	30
6	-1	Morbid	Wondery	Wondery Brand Partnerships	9
7	-	Stuff You Should Know	iHeart Audience Network	iHeartRadio	19
8	+1	Pod Save America	SiriusXM Podcast Network	SiriusXM Media	14
9	-1	SmartLess	Wondery	Wondery Brand Partnerships	5
10	+3	The Megyn Kelly Show	SiriusXM Podcast Network	SiriusXM Media	26
11	-1	MrBallen Podcast: Strange, Dark & Mysterious Stories	Wondery	Wondery Brand Partnerships	10
12	-	Fresh Air	NPR	National Public Media	24
13	-2	48 Hours	Paramount	Paramount / Wondery Brand Partnerships	12
14	+4	The Charlie Kirk Show	Salem Podcast Network	Salem Media Group	70
15	+4	The NPR Politics Podcast	NPR	National Public Media	22
16	-2	Conan O'Brien Needs A Friend	SiriusXM Podcast Network	SiriusXM Media	8
17	-2	The Breakfast Club	iHeart Audience Network	iHeartRadio	64
18	-1	Last Podcast On The Left	SiriusXM Podcast Network	SiriusXM Media	9
19	+4	The Clay Travis and Buck Sexton Show	iHeart Audience Network	iHeartRadio	102
20	+2	Matt and Shane's Secret Podcast	Audioboom	Audioboom	4
21	+8	Indicator from Planet Money	NPR	National Public Media	19
22	+6	Planet Money	NPR	National Public Media	8
23	+11	Consider This from NPR	NPR	National Public Media	25



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24	-	Wait Wait... Don't Tell Me!	NPR	National Public Media	4
25	+10	Mark Levin Podcast	Cumulus Podcast Network	Cumulus Podcast Network / Westwood One	24
26	+1	Freakonomics Radio	SiriusXM Podcast Network	SiriusXM Media	5
27	+5	Hidden Brain	SiriusXM Podcast Network	SiriusXM Media	4
28	+3	Joel Osteen Podcast	SiriusXM Podcast Network	SiriusXM Media	28
29	-3	Shawn Ryan Show	Cumulus Podcast Network	Cumulus Podcast Network / Westwood One	4
30	-9	The Bobby Bones Show	iHeart Audience Network	iHeartRadio	46
31	+2	The Daily Show: Ears Edition	iHeart Audience Network	iHeartRadio	27
32	+21	The School of Greatness	SiriusXM Podcast Network	SiriusXM Media	12
33	+4	Rotten Mango	Audacy Podcast Network	Audacy	7
34	-4	The Mel Robbins Podcast	SiriusXM Podcast Network	SiriusXM Media	8
35	-10	The Dan Patrick Show	iHeart Audience Network	iHeartRadio	74
36	-	Small Town Murder	Wondery	Wondery Brand Partnerships	8
37	+2	Armstrong & Getty On Demand	iHeart Audience Network	iHeartRadio	84
38	-18	Something Was Wrong	Wondery	Wondery Brand Partnerships	6
39	-1	Marketplace	American Public Media Group	American Public Media Group	20
40	+15	Breaking Points with Krystal and Saagar	iHeart Audience Network	iHeartRadio	25
41	-1	The Herd with Colin Cowherd	iHeart Audience Network	iHeartRadio	72
42	+4	Crime Stories with Nancy Grace	iHeart Audience Network	iHeartRadio	59
43	+4	TED Talks Daily	PRX	Soundrise	28
44	-	The Moth	PRX	Soundrise	7
45	+17	The Sean Hannity Show	iHeart Audience Network	iHeartRadio	64
46	-4	On Purpose with Jay Shetty	iHeart Audience Network	iHeartRadio	9



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47	+19	The Bulwark Podcast	Audioboom	Audioboom	22
48	+4	We Can Do Hard Things with Glennon Doyle	Audacy Podcast Network	Audacy	12
49	-	Bible in a Year with Jack Graham	iHeart Audience Network	iHeartRadio	20
50	-	How I Built This with Guy Raz	Wondery	Wondery Brand Partnerships	9
51	+14	Verdict with Ted Cruz	iHeart Audience Network	iHeartRadio	23
52	-7	Office Ladies	SiriusXM Podcast Network	SiriusXM Media	4
53	-12	Park Predators	audiochuck	SiriusXM Media	4
54	-11	Rachel Maddow Presents: Ultra	NBCUniversal News Group	SiriusXM Media	4
55	+36	Betrayal	iHeart Audience Network	iHeartRadio	7
56	+3	American Scandal	Wondery	Wondery Brand Partnerships	6
57	-9	Behind the Bastards	iHeart Audience Network	iHeartRadio	8
58	+14	The Deck	audiochuck	SiriusXM Media	5
59	-1	Pop Culture Happy Hour	NPR	National Public Media	17
60	-3	Snapped: Women Who Murder	Wondery	Wondery Brand Partnerships	5
61	-5	Ten Percent Happier with Dan Harris	Wondery	Wondery Brand Partnerships	14
62	+8	Short Wave	NPR	National Public Media	16
63	+10	Revisionist History	iHeart Audience Network	iHeartRadio	8
64	Debut	Cancelled with Tana Mongeau	Audioboom	Audioboom	3
65	Debut	Bongino Report Early Edition with Evita	Cumulus Podcast Network	Cumulus Podcast Network / Westwood One	8
66	+52	The Tim Dillon Show	Audioboom	Audioboom	5
67	-	American History Tellers	Wondery	Wondery Brand Partnerships	7
68	+25	Up and Vanished	Audacy Podcast Network	Audacy	9
69	-8	Stuff You Missed in History Class	iHeart Audience Network	iHeartRadio	19



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70	-1	The Rachel Maddow Show	NBCUniversal News Group	SiriusXM Media	9
71	-55	CounterClock	audiochuck	SiriusXM Media	1
72	-8	Wow in the World	Wondery	Wondery Brand Partnerships	10
73	+7	Two Hot Takes	Audioboom	Audioboom	4
74	-6	Fly on the Wall with Dana Carvey and David Spade	Audacy Podcast Network	Audacy	8
75	-4	What A Day	SiriusXM Podcast Network	SiriusXM Media	21
76	+20	Drowning Creek	SiriusXM Podcast Network	SiriusXM Media	4
77	+8	MrBallen's Medical Mysteries	Wondery	Wondery Brand Partnerships	6
78	-15	Watch What Crappens	Wondery	Wondery Brand Partnerships	26
79	-19	Anatomy of Murder	audiochuck	SiriusXM Media	3
80	-4	Stuff They Don't Want You To Know	iHeart Audience Network	iHeartRadio	25
81	-7	99% Invisible	SiriusXM Podcast Network	SiriusXM Media	5
82	-7	Nothing much happens: bedtime stories to help you sleep	iHeart Audience Network	iHeartRadio	11
83	-4	PrayRadio	iHeart Audience Network	iHeartRadio	199
84	-6	TED Radio Hour	NPR	National Public Media	5
85	-31	Casefile True Crime	Audioboom	Audioboom	3
86	-5	The John Batchelor Show	Audioboom	Audioboom	607
87	-1	Monday Morning Podcast	All Things Comedy	All Things Comedy	8
88	-6	Morning Joe	NBCUniversal News Group	SiriusXM Media	18
89	-5	The Jesse Kelly Show	iHeart Audience Network	iHeartRadio	61
90	-7	The MeatEater Podcast	iHeart Audience Network	iHeartRadio	8
91	-14	SERIALously?!	Audioboom	Audioboom	8
92	-5	How Did This Get Made?	SiriusXM Podcast Network	SiriusXM Media	8



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93	-5	Erazno y La Chokolata El Podcast	SiriusXM Podcast Network	SiriusXM Media	27
94	+20	The Michael Berry Show	iHeart Audience Network	iHeartRadio	97
95	-3	Life Kit	NPR	National Public Media	12
96	-1	Marketplace Morning Report	American Public Media Group	American Public Media Group	60
97	+40	It Could Happen Here	iHeart Audience Network	iHeartRadio	30
98	-9	Mojo In The Morning	iHeart Audience Network	iHeartRadio	318
99	-2	The Power Trip - KFAN FM 100.3	iHeart Audience Network	iHeartRadio	54
100	+2	True Crime Garage	SiriusXM Podcast Network	SiriusXM Media	7
101	-2	Timesuck with Dan Cummins	SiriusXM Podcast Network	SiriusXM Media	6
102	-1	And That's Why We Drink	SiriusXM Podcast Network	SiriusXM Media	5
103	-9	Two Ts In A Pod with Teddi Mellencamp and Tamra Judge	iHeart Audience Network	iHeartRadio	22
104	+1	StarTalk Radio	SiriusXM Podcast Network	SiriusXM Media	7
105	+2	The Weekly Show with Jon Stewart	Paramount	Paramount	3
106	+15	The Idaho Massacre	iHeart Audience Network	iHeartRadio	4
107	+3	The Dollop with Dave Anthony and Gareth Reynolds	All Things Comedy	All Things Comedy	9
108	-4	The Mindset Mentor	SiriusXM Podcast Network	SiriusXM Media	16
109	+2	Murder, Mystery & Makeup	Audioboom	Audioboom	3
110	-10	True Crime with Kendall Rae	Audioboom	Audioboom	3
111	+11	Sleep Psalms with Bishop T.D. Jakes	iHeart Audience Network	iHeartRadio	28
112	+5	Ologies with Alie Ward	SiriusXM Podcast Network	SiriusXM Media	4
113	-7	Rover's Morning Glory	iHeart Audience Network	iHeartRadio	17
114	Debut	Dateline: Missing In America	NBCUniversal News Group	SiriusXM Media	5
115	-2	This Is Actually Happening	Wondery	Wondery Brand Partnerships	8



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116	+8	Brooke and Jeffrey	iHeart Audience Network	iHeartRadio	162
117	-8	The Dale Jr. Download	SiriusXM Podcast Network	SiriusXM Media	12
118	+5	Elvis Duran and the Morning Show ON DEMAND	iHeart Audience Network	iHeartRadio	89
119	-11	True Crime Obsessed	Audioboom	Audioboom	6
120	+11	Dr. Laura Call of the Day	SiriusXM Podcast Network	SiriusXM Media	48
121	Debut	The Steve Harvey Morning Show	iHeart Audience Network	iHeartRadio	28
122	+12	The Daily Stoic	Wondery	Wondery Brand Partnerships	32
123	-7	The Happiness Lab with Dr. Laurie Santos	iHeart Audience Network	iHeartRadio	6
124	-5	The Broski Report with Brittany Broski	Audioboom	Audioboom	3
125	+11	History Daily	Wondery	Wondery Brand Partnerships	24
126	+21	Scared To Death	SiriusXM Podcast Network	SiriusXM Media	6
127	-	Scamfluencers	Wondery	Wondery Brand Partnerships	5
128	+10	Throughline	NPR	National Public Media	4
129	-	THE ED MYLETT SHOW	Cumulus Podcast Network	Cumulus Podcast Network / Westwood One	12
130	-2	Lovett or Leave It	SiriusXM Podcast Network	SiriusXM Media	7
131	-19	Johnjay & Rich On Demand	iHeart Audience Network	iHeartRadio	138
132	-34	Nightcap	iHeart Audience Network	iHeartRadio	18
133	-7	Business Wars	Wondery	Wondery Brand Partnerships	5
134	+1	The Why Files: Operation Podcast	Audioboom	Audioboom	5
135	+13	Countdown with Keith Olbermann	iHeart Audience Network	iHeartRadio	23
136	Debut	Embedded	NPR	National Public Media	7
137	Return	Fantasy Football Today	Audacy Podcast Network	Audacy	28
138	+6	The Excerpt	Wondery	Wondery Brand Partnerships	36



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139	+6	Make Me Smart	American Public Media Group	American Public Media Group	20
140	+6	The Best of Coast to Coast AM	iHeart Audience Network	iHeartRadio	34
141	+1	The Vanished Podcast	Wondery	Wondery Brand Partnerships	4
142	Return	Against The Odds	Wondery	Wondery Brand Partnerships	6
143	Debut	The Buck Sexton Show	iHeart Audience Network	iHeartRadio	16
144	-4	RedHanded	Wondery	Wondery Brand Partnerships	5
145	-20	Dark Downeast	SiriusXM Podcast Network	SiriusXM Media	3
146	-43	Strict Scrutiny	SiriusXM Podcast Network	SiriusXM Media	4
147	Debut	Sean Parnell Battleground Podcast	iHeart Audience Network	iHeartRadio	16
148	Return	Snap Judgment Presents: Spooked	PRX	Soundrise	4
149	-16	KSR	iHeart Audience Network	iHeartRadio	36
150	Return	Let's Not Meet: A True Horror Podcast	Audioboom	Audioboom	4



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POWERED BY TRITON DIGITAL'S PODCAST METRICS AND DEMOS+

Triton Digital's Podcast Metrics measurement service is certified by the IAB Tech Lab as complying with Version 2.2 of the IAB Podcast Measurement Technical Guidelines. Demos+, produced in collaboration with Signal Hill Insights, is a combination of survey data from a representative yearly survey of 12,000 monthly U.S. adults aged 18+ who listen to podcasts and Podcast Metrics download data.

### HISTORICAL PODCAST RANKINGS

Triton Digital has retired the monthly publication of the U.S. Top Podcasts by Weekly Average Users and Top Sales Networks by Weekly Average Users rankers. The last active reporting period was June 2025.

### TOP SALES NETWORKS AND TOP PODCASTS BY DOWNLOADS

\* Download rankings require participating networks to opt into measurement by Triton Digital. Participating Networks include content owners and creators, as well as sales representation organizations. The U.S. Sales Network Ranker lists the Top 20 Sales Networks in the U.S., as measured by Podcast Metrics. The entities listed are ranked by Average Weekly Downloads in the reporting period for listeners located in the United States.

\* Networks have the option to have their downloads aggregated into another entity to which they have specifically delegated advertising sales responsibilities, such as a third-party sales house, sales representation firm, or sales network. In addition, the Network may have its downloads reported separately.

\* The Top Podcasts by Weekly Average Downloads ranks the entities listed by Average Weekly Downloads for the top 150 podcasts, based on listeners located in the United States. It utilizes Podcast Metrics data for podcasts measured by Triton Digital.

\* Average Weekly Downloads are based on 4- or 5-week reporting periods (Monday to Sunday) that align closely with calendar months. The reporting calendar, utilizing Average Weekly Download metrics, enhances tradability by minimizing the impact of varying calendar month lengths and other factors that can affect media consumption. Downloads are measured by the latest IAB Podcast Technical Measurement Guidelines.

### TOP 200 PODCASTS BY LISTENERS/VIEWERS (SURVEY)

\* The Top Podcasts by Listeners/Viewers (Survey), ranks the top 200 podcasts by unique audience / reach. This is based on the number of survey respondents who say they've listened to or watched each podcast.

\* The Top Podcasts by Listeners/Viewers is based on a quarterly reporting period. All podcasts are eligible to be reported in the ranker. A total of 3,000 listeners is surveyed per quarter. Podcast listener quotas are set by age, gender, education, region, and race (including unacculturated Hispanics) based on an initial representative national survey, balanced according to the most recent data from the U.S. Census Bureau.

### DEMOS+ TOP INDEXING PROGRAMS BY AUDIENCE COMPOSITION

\* The Demos+ Top Indexing Programs by Audience Composition lists podcasts that have a high percentage of their audience that falls within a particular audience characteristic. There are 42 audience characteristics, each with its own list of 50 podcasts. Audience characteristics include diverse age and gender demographics (e.g., females aged 18-24), advanced demographics (e.g., households with a household income of \$ 100,000+ and mothers), and purchase intents (e.g., individuals planning to purchase an automobile or switch wireless providers).



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\* Among podcasts that Triton measures downloads for, the top 300 podcasts with the most downloads are eligible to appear in these lists. For each audience characteristic, the top 50 podcasts out of the 300 listed are presented. These 50 podcasts have the highest percentage of their audience that falls within that audience characteristic, as measured by Triton Digital Podcast Metrics Demos+. Triton Digital Podcast Metrics Demos+ utilizes both datasets: the Podcast Metrics IAB-certified download data and the Demos+ survey data. As a result, only participating entities that opt in for measurement are included.

### DEMOS+ CATEGORY RANKER

\* The Demos+ Category ranker utilizes the Demos+ survey to rank the IAB podcast categories (genres) based on a monthly reach percentage. The monthly reach percentage represents the proportion of U.S. monthly podcast listeners/viewers who have consumed at least one podcast in that category.

\* In addition, various audience characteristics are included (44 characteristics). Each genre is indexed against the average podcast consumer from the Demos+ survey. An index over 100 means that listeners/viewers of that genre are more likely to have that audience characteristic. E.g., An index of 120 means that category's audience is 20% more likely to have that audience characteristic, and an index of 80 means they are 20% less likely to.

### METRIC AND DEFINITIONS

\* Downloads - A 'download' refers to a unique file request that has been downloaded. Downloads include complete file downloads, progressive downloads, as well as partial downloads by the IAB Podcast Measurement Technical Guidelines v2.2 filtering rules (i.e., spiders and bots, data centers, one minute of content minimum download, etc.). This process filters multiple requests from the same IP address, user agent, episode, and date.

\* Listeners (survey) – A count of the number of survey respondents who mention they've listened to or watched a specific podcast based on the prior quarter. A representative sample of 3,000 U.S. adults aged 18 and older who listen to podcasts monthly is used.

\* Monthly Reach % - A percentage derived from the number of survey respondents who've listened to a particular category/genre divided by the total number of survey respondents.

\* Number of Active Podcasts - A count of all podcast titles that had at least one qualified download during the reporting period.

\* Number of New Episodes - The number of new episodes released during the reporting period.

\* Rank

\* "Debut" indicates that the show is new to the ranker, having made its debut for the first time within the last 13 months.

\* "Return" indicates that the show has returned to ranker after having not appeared in the previous reporting period(s).

